


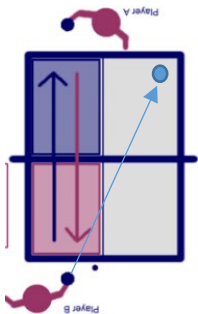
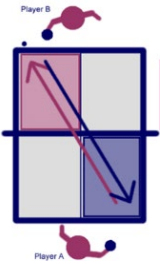








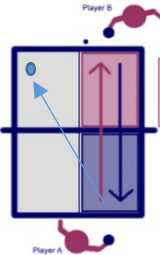
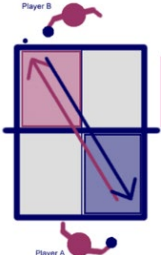


Year group 9 – Table Tennis

Unit aim	To improve the control and accuracy when performing core and advanced table techniques				
Lesson outcomes	Refining back hand push to targets (accuracy)	Refining forehand topspin to targets (accuracy)	Basic service	Spin service forehand and backhand	Combination rallies (footwork practices)
Intended Knowledge	<p>Students will know how to complete a backhand push correctly</p> <p>Students will know how to change the direction of the hit</p> <p>Students will know how to maintain a score in a game type situation</p> <p>Students will know how to outwit an opponent with this shot</p> <p>Students will understand the term “weight” in order to put the correct amount of power into a shot</p> <p>Students will know how to “direct” their shot in order to outwit an opponent</p>	<p>Students will know how to use a forehand topspin correctly</p> <p>Student will know when to use this type of shot</p> <p>Students will know how to change the direction of the ball</p> <p>Students will know how to feed the ball in correctly (higher bounce)</p> <p>Students will consider the angle of the bat when playing this shot</p>	<p>Students will know how to serve using the correct technique.</p> <p>Students will know how to release the ball to achieve a serve.</p> <p>Students will learn how to outwit an opponent with a serve</p> <p>Students will know the scoring system in table tennis.</p>	<p>Students will know how create a spin off a serving shot</p> <p>Students will know how to outwit an opponent with this serves</p> <p>Students will consider the angles of their bats when serving</p> <p>Students will know the importance of different types of serve</p>	<p>Students will know what a rally is in table tennis</p> <p>Students will consider all prior learning to use different shots during a rally</p> <p>Students will know the different shot types available to them during a rally</p> <p>Students will consider different shot types to return a ball during a rally</p>
Prior Knowledge	<p>Students will know how to feed the ball in correctly</p> <p>Students will know the basic scoring system for a game</p> <p>Students will know the basic rules for a game</p> <p>Students will know how to hold the bat correctly</p>	<p>Students will know how to feed the ball in correctly</p> <p>Students will know the basic scoring system for a game</p> <p>Students will know the basic rules for a game</p>	<p>Students will know the rules when serving</p> <p>Students will know their position</p>	<p>Students will know how to use a basic forehand and backhand serve</p> <p>Students will know the rules when serving</p> <p>Students will know how to release the ball to achieve a serve</p>	<p>Students will have knowledge of different types of shot during a rally</p> <p>Students will know the basic rules of a game</p>

Lesson 1 - Refining back hand push to targets (accuracy)

<p>Do now</p> 	<p>How do we feed the ball in? How do we play a backhand push? How can we beat an opponent with this shot?</p>		
<p>Teacher exposition (I do)</p> 	<p>Use the following task card to support with this lesson: Task cards\backhand push task card.doc</p>		
<p>Learning task (We do / you do) </p>			
<p style="text-align: center;"><i>Practice</i></p> <p>Set up Player A feeds the ball to player B Player B returns the ball cross table to a target 10 successful feeds each then swap over. Use the task card to support further and provide additional challenge.</p> 		<p style="text-align: center;"><i>Application</i></p> <p>Set up Allow for a game, first to 5 points Where possible, backhand push only Continue to use the targets for additional challenge</p> 	
<p>Responsive adaptations</p> 	<p style="text-align: center;">Developing</p> <p style="text-align: center;">Overhead feed Provide large targets to hit</p>	<p style="text-align: center;">Securing</p> <p style="text-align: center;">Overhead feed Provide large targets to hit and vary location</p>	<p style="text-align: center;">Mastering</p>
<p>Progress check questions</p> 	<p>How can we beat a player with this shot? How can this shot be changed? Best location to provide this shot?</p>		
<p>Errors or misconceptions to look out for</p> 	<p>Holding the bat incorrectly Angle of the bat for a backhand push Power of the shot Positioning and stance</p>		




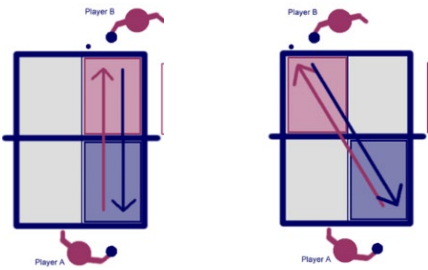
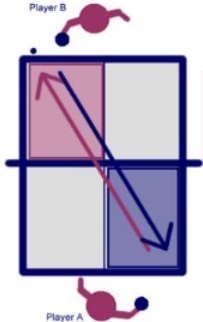
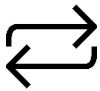


Lesson 2 - Refining forehand topspin to targets (accuracy)

<p>Do now</p> 	<p>Forehand topspin What is the technique used for this shot? When would this shot be used? How can it be used to outwit an opponent?</p>		
<p>Teacher exposition (I do)</p> 	<p>Use the following task card to support with this lesson: Task cards\forehand topspin task card.doc Opening the body up to change direction of the ball</p>		
<p>Learning task (We do / you do) </p>			
<p><i>Practice</i></p>		<p><i>Application</i></p>	
<p>Set up Task 1 Player B feeds the ball to player A Player A returns the ball cross table to a target (or straight if they are finding it too challenging) 10 successful feeds each then swap over. Use the task card to support further and provide additional challenge.</p>  <p>Task 2 Both players A and B play a continuous rally down the one side of the table (could additionally move this to full table/diagonal). Maintain rally for 20 shots.</p> 		<p>Set up Game/Tournament</p>	
<p>Responsive adaptations</p> 	<p>Developing</p> <p>Attempt forehand shot Change direction of the ball</p>	<p>Securing</p> <p>Attempt forehand topspin with some success Change the direction of the ball to outwit an opponent</p>	
<p>Progress check questions</p> 	<p>How do you change the direction of the ball? When is this shot used? How can you outwit an opponent with this shot?</p>		
<p>Errors or misconceptions to look out for</p>	<p>Holding the bat incorrectly Angle of the bat Timing of the shot Power of the shot</p>		




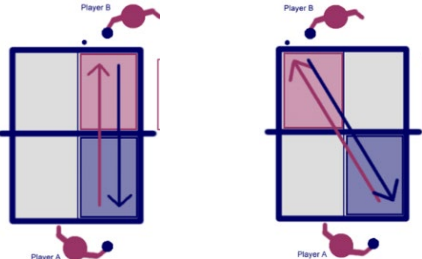
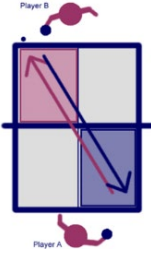





Positioning and stance




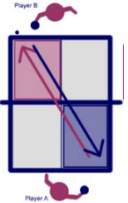



Lesson 3 - Basic service

<p>Do now</p> 	<p>Serving How do we serve in table tennis? What rules are associated with a serve?</p>		
<p>Teacher exposition (I do)</p> 	<p>Use the following task card to support with this lesson: table tennis\Year 9 - lesson 2 serve.ppt Or table tennis\Table Tennis.docx</p>		
<p>Learning task (We do / you do)</p> 			
<p style="text-align: center;"><i>Practice</i></p> <p>Set up Work down or across court depending on ability of class 10 serves each then swap over Introduce targets to challenge further looking at long and short serve</p> 		<p style="text-align: center;"><i>Application</i></p> <p>Set up Allow for a game, first to 5 points Continue to use the targets for additional challenge</p> 	
<p>Responsive adaptations</p> 	<p style="text-align: center;">Developing</p> <p>Attempt to vary placing of serve Provide larger targets to hit</p>	<p style="text-align: center;">Securing</p> <p>Provide larger targets to hit at various locations Attempt to vary the speed of the serve</p>	<p style="text-align: center;">Mastering</p> <p>Aim to outwit opponent with all serves Smaller targets with more difficult locations to challenge Should vary the speeds of their serve</p>
<p>Progress check questions</p> 	<p>How do we serve correctly? How can we outwit an opponent during a serve? What are the rules associated with serving?</p>		
<p>Errors or misconceptions to look out for</p> 	<p>Holding the bat incorrectly Angle of the bat Tossing the ball too low/high Power of the shot Positioning and stance Breaking of rules</p>		

Lesson 4 - Spin service forehand and backhand

<p>Do now</p> 	<p>Serving How do we serve in table tennis? What rules are associated with a serve?</p>		
<p>Teacher exposition (I do)</p> 	<p>Use the following task card to support with this lesson:</p> <p>Backhand spin https://www.liveabout.com/table-tennis-backhand-sidespin-serve-3173887</p> <p>Forehand spin Task cards\forehand topspin task card.doc</p> <p>Use the same task card for forehand topspin to create topspin during a serve.</p>		
<p>Learning task (We do / you do)</p> 			
<p><i>Practice</i></p>		<p><i>Application</i></p>	
<p>Set up Work down or across court depending on ability of class 10 serves each then swap over Introduce targets to challenge further looking at long and short serve</p> 		<p>Set up Allow for a game, first to 5 points Continue to use the targets for additional challenge</p> 	
<p>Responsive adaptations</p> 	<p>Developing</p> <p>Attempt to vary placing of serve Provide larger targets to hit</p>	<p>Securing</p> <p>Provide larger targets to hit at various locations Attempt to vary the speed of the serve</p>	<p>Mastering</p> <p>Aim to outwit opponent with all serves Smaller targets with more difficult locations to challenge Should vary the speeds of their serve</p>
<p>Progress check questions</p> 	<p>Why do we use these different types of serve? How can we use these to outwit an opponent?</p>		
<p>Errors or misconceptions to look out for</p> 	<p>Holding the bat incorrectly Angle of the bat Tossing the ball too low/high Power of the shot Positioning and stance Breaking of rules</p>		

Lesson 5 - Combination rallies (footwork practices)

<p>Do now</p> 	<p>What is a rally in table tennis? How is it maintained? What may happen during a rally in term of footwork/stance?</p>		
<p>Teacher exposition (I do)</p> 	<p>Watch this short video with your students: https://www.youtube.com/watch?v=oYKmwvGmBVY Students need to discuss the key points of what happens during this rally.</p>		
<p>Learning task (We do / you do)</p> 			
<p style="text-align: center;"><i>Practice</i></p> <p>Set up With a partner try and maintain a rally Competition against others in the class to maintain</p>  <p>Set players further back (use cones or markers) to move them away from the table during a rally Get students to consider their movement and positioning throughout</p>		<p style="text-align: center;"><i>Application</i></p> <p>Set up Class tournament Students play each other up to 5 points</p>	
<p>Responsive adaptations</p> 	<p style="text-align: center;">Developing</p> <p>Some students will be able to maintain a rally with a partner</p>	<p style="text-align: center;">Securing</p> <p>Some students will be able to maintain rallies over a series of shots and will start to consider their positioning</p>	<p style="text-align: center;">Mastering</p> <p>Some students will maintain rallies over a series of shots and will develop their positioning and footwork throughout</p>
<p>Progress check questions</p> 	<p>Do we want to maintain a rally? Why might our positioning change throughout? How do we change our positioning to become more offensive?</p>		
<p>Errors or misconceptions to look out for</p> 	<p>Holding the bat incorrectly Angle of the bat Tossing the ball too low/high Power of the shot Positioning and stance Breaking of rules</p>		