



# The Sutton Academy

Together Students Achieve

Principal: Mr P Willerton

11 January 2024

Dear Parent/Carer

We are launching a new fitness initiative as part of our Health and Well-being Programme in PE. 'Fit Families' is a fun and inclusive circuit training session which will be held on Tuesday evenings in the Arts Theatre 5.00pm until 6.00pm.

The cost of the programme is £12.00 per person for six weeks (£2.00 per session) however, if you attend all six sessions you get your money back or you can roll the £12.00 onto the next block of six sessions.

Fit Families is open to all sutton academy students and their parents/carers. Please note that a parent/carer must attend the sessions with their child.

To book your place on the Fit Families Programme, please click the link below and fill out the Microsoft form.

Please note that places are limited and will work on a first come, first served basis. An email confirmation will be sent to you before the programme starts to confirm your place.

<https://forms.office.com/Pages/ResponsePage.aspx?id=yYHprqL5b0KbZ91Zv6G6vAsUKhiyTLRKnWiF1vWyeJNUQ1q5RUJGVFFoxTjJPNVJQTTZTRjIDTEFDNC4u>

The programme will start on Tuesday 20 February for six weeks.

If you have any further questions relating to this programme please do not hesitate to contact me on Nicola.egerton@thesuttonacademy.org.uk or 01744 678859.

Yours faithfully

*N Egerton*

Mrs N Egerton  
Teacher of PE



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